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### THE EXPERT FOR THE WAYS OF ST JAMES

# The Way of Saint James of Compostela (spanish part) CAMINO FRANCES

From Logroño to Burgos



rom the heart of Rioja, a beautiful wine-growing region, to the astonishing Burgos, you'll travel along paths steeped in history. Land of struggle and confrontation between Muslims and Christians in the Middle Ages, you gradually enter Castilla y León, the cradle of the country's history.

This rich history is evident in every town and village you pass through. Navarrete, Nájera, Santo Domingo de la Calzada and San Juan d'Ortega are just some of the places steeped in history that will leave you breathless.

The Camino Francés winds its way through the vineyards of the renowned Rioja wines, taking in the mid-mountain landscape of the Montes de Oca. Then it's on to the heart of the city of Burgos and its magnificent cathedral, an architectural gem.

Set off on this extraordinary, cosmopolitan route, where the conviviality is strong and the landscapes pass from region to region without monotony! Compostelle, a unique adventure!

> PROGRAM JL002

7 Days, 6 nights, 5 hiking day.

DAY 1: LOGROÑO 384 m

Arrival at the accomodation late in the afternoon, dinner and overnight.

DAY 2: LOGROÑO - NÁJERA 485 m

D+340m/ D-230m

From **Logroño** in direction of **Nájera**, the path runs alongside the vineyards and grain fields of Rioja. Nájera is the ancient capital of Navarre. Discover the Monastery of Santa Maria La Real de Nájera, home to a convent and a royal pantheon. Overnight on half-board basis.

Walking time: ≈ 7h, 28 km.

# DAY 3: NÁJERA - SANTO DOMINGO DE LA CALZADA 639 m

Go to Santo Domingo de la Calzada, a remarkable stopover town. This day gives you a foretaste of the rest of the journey across the Spanish meseta, a vast grain-growing plateau. The pleasant Cirueña oak grove will give you a breath of fresh air before you reach Santo Domingo de la Calzada. Discover the cathedral's celebrities, a hen and a rooster... Overnight on half-board basis.

Walking time: ≈ 5h30, 21 km.

DAY 4 : SANTO DOMINGO DE LA CALZADA – BELORADO

D+130m

From Rioja to Castilla, we offer a variation on the original route, considered too "road-going". Arrival in Belorado, a beautiful Castilian village with a rich history. Overnight on half-board basis.

Walking time: ≈ 7h, 23 km.

## DAY 5: BELORADO - SAN JUAN DE ORTEGA. (Transfer and overnight at ATAPUERCA)

Between villages and hamlets, then on a wilder route over the Montes de Oca. An emotional arrival at San Juan, a pilgrimage site as much for its altitude as for the architectural richness of its monastery, followed by a walk to San Juan de O. **Transfer at the end of the hike to Atapuerca**. Overnight on half-board basis.

Walking time:  $\approx$  6h, 24 km. D+400m / D-130m



#### DAY 6: ATAPUERCA - BURGOS 860 m

Hike from Atapuerca to the heart of Burgos. Take time to stroll around one of Europe's most beautiful cathedrals: the queen of Gothic cathedrals. Overnight on half-board basis.

Walking time: ≈ 5h, 22 km.

#### **DAY 7: BURGOS**

End of the trip after the breakfast.

#### Note:

- 1 It will not be possible to alter the places where you are accommodated or the order of the walking stages etc (for obvious organisational reasons). Once the day's walk has started, you are expected to continue the day's programme as arranged, except where exceptional circumstances intervene (for example, safety issues linked to adverse weather conditions.
- 2 If you wish to shorten a walking stage, you will need to contact and pay for any taxis used when the occasion arises.



- Marche depuis les vignobles de la Rioja jusqu'au Montes de Oca.
- Visite du centre-ville de Burgos et sa cathédrale.
- Un riche passé architectural

## > DATES

From April 1 to October 31, at your convenience and subject to hotel availability.

Please indicate on the booking form any other dates that would suit you (e.g.: possibility of postponing the tour by one or more days before or after...); this is in case one or more accommodations are fully booked on the chosen dates, as well as your dietary requirements.

We also ask you to <u>book as early as possible</u>. We don't have any reserved places in the accommodations, and some of them may be fully booked several months in advance.



#### > PRICE COVERS

- Half-board for all accommodation.
- Luggage transfer between each walking stage
- Topo-guide available (1 topo-guide per room booked)
- Transfer on D5 between San Juan and Atapuerca.

## > PRICE DOES NOT COVER

- Picnic lunch
- Insurance
- Drinks and personal expenses
- Transfers from your home to the meeting point and dispersal
- Registration fees (+15€ per person)
- Shipping costs abroad (+20€ per file)
- The priority processing fee for any registration on D-15 (+45€ per file)
- Shuttles or cabs to pick up your car or to shorten certain stages
- Parking fees.

#### > ARRIVAL / DEPARTURE

The arrival takes place at the first accommodation in the city of Logroño, the day before your first hiking day.

Your trip takes end in Burgos after the breakfast, the day after your last hiking day.

# > LEVEL



5h to 7h walk per day, easy on hilly terrain.

#### > ACCOMMODATION

In 1\*, 2 \*\* and 3\*\*\* (Spanish tourist classification) hotels and "casas rurales". In some accommodations (rare and exceptional cases), the shower and WC may be on the landing. We will inform you. Dogs are not allowed.

When accommodation is very busy:

Some accommodations may be fully booked on certain dates. In this case, and for your comfort, accommodation / stages may be modified with your agreement.



#### > MEALS

Breakfast is served relatively late by French standards, usually from 8:30 am. If you wish to have breakfast earlier, check with each hotel the day before if this is possible.

Be aware that Spanish culinary habits are sometimes quite different from French ones. And meals are delayed by up to 2 hours on the French schedule (breakfast around 8.30am-9am and dinner around 9pm).

#### > LUNCH

Packed lunches are not included in our prices. You are free to make your own picnics. You'll find plenty of food along the way.

You can order them directly from the hotel the day before (to be paid on site, from €6 to €12 per person, depending on the establishment), or buy them in the villages from existing shops.

\*Logroño: All shops, services, RENFE & bus station.

\*Najera: Shops, services

\*Saint Domingo de la Calzada: Shops, services, coaches

\*Belorado: All shops, services

\*San Juan de Ortega: Bar, restaurant

\*Burgos: All shops, services, RENFE & bus station

## > LUGGAGE TRANSPORT

Your luggage will be transported by a transport company between each steps at the end of the morning or during the afternoon.

Delivery of your luggage by 6 p.m.

Possible additional price for luggage transport from October.

### **ATTENTION:**

We ask you to leave your luggage in the lobby of each accommodation in the morning at 8 a.m. and to IMPERATIVELY only bring 1 BAGGAGE PER PERSON NOT EXCEEDING 13KG; beyond this number (1 bag) and this weight (13 kg), the carrier may charge you a supplement at the end of the hike or categorically refuse to transport your luggage if it is too bulky.



Rigid suitcase not permitted, we decline all responsibility for damage to this type of luggage.

We invite you to bring a small backpack to carry your personal belongings for the day.

If you are part of a group, we ask you to indicate on your suitcase labels the NAME of the person responsible for this group (person who booked the hike).

#### > ACCESS

There are several possible solutions, but all of them are rather complicated, Logroño is not located on major roads.

#### \*How to come:



-by Train







-by Car

## \*How to get back from Burgos:







-by plane

To note: We can propose a car transfer service

It is imperative that you book this transfer as soon as possible (we advise you to do so when you register or when we confirm your booking, as requests are high and places are limited); this transfer is not included in the price of the tour. Please contact us for the price.

# TRAVEL FILE

A topoguide is provided on payment of the balance (1 copy per room booked): it contains descriptions of the paths (the entire route is signposted) and comments on villages, monuments, etc. As well as the travel pack containing all the documents you need for your tour: luggage tags, practical information sheet with logistical details and accommodation addresses.

If you would like an additional travel pack, you will be charged + 20€ / pack.

#### TAKEOUT LIST

- a small rucksack for a picnic and the day's essentials
- a small first-aid kit (plasters, double skin, eosin, alcohol....)
- a pair of "medium mountain" walking shoes (beware of new shoes)
- sunglasses, sun cream and hat
- rainwear
- Light shoes for the evening
- a water bottle: it's important to drink 1.5 to 2 litres of water a day
- a knife
- torch (not essential)
- a pair of binoculars (optional)
- newspaper for your shoes if they get wet
- tissues
- a needle, a small amount of thread and one or two safety pins
- Masks
- hydro-alcoholic gel.

## > FORMALITIES

Identity card or passport required.

### European health insurance card

You are traveling to a country in the European Union, the European Economic Area (EU/EEA) or Switzerland.

Before you leave, get a European Health Insurance Card (EHIC). This will enable you to prove your entitlement to health insurance and to have your medical expenses covered, in accordance with the legislation and formalities in force in the country where you are staying.



Nominative and individual, the form should be requested from www.ameli.fr.

Finally, if you're coming to Spain by car, it's compulsory to have 2 warning triangles in your vehicle and 1 reflective warning vest. Failure to comply with these regulations can result in heavy fines, which must be paid locally.

#### To call France

To call France from Spain, dial the international dialing code 00, then the French dialing code 33, then your phone number, minus the first 0.

To call Spain, dial the international dialing code 00, then the Spanish dialing code 34, then your phone number, minus the first 0.

#### MORE DETAILS AT THE SUBSCRIPTION