

32 Place Limozin 43170 SAUGUES Tél: 0471744740 contact@lapelerine.com www.lapelerine.com Siret: 439 482 233 00020



THE EXPERT FOR THE WAYS OF ST JAMES

The Way to St Jacques de Compostela

Le Puy en Velay - Nasbinals



irst section of the Puy en Velay Way, this hiking trip will allow you to discover beautiful and varied landscapes: Sucs du Velay, the Allier gorges, Gévaudan and Aubrac. You will quickly gain a taste for this fabulous experience that the Way to Santiago de Compostela represents. Take the time to admire, during your days of hiking, the cultural and religious heritage and delight in the beauty of the landscapes. Then be curious and taste the local products that characterize each region crossed. Set off on this extraordinary and cosmopolitan path, where conviviality is very strong and where the landscapes pass from region to region without monotony! Compostela, a unique adventure!

> PROGRAM JL012

7 days, 6 nights et 5 hiking days.

Day 1: LE PUY EN VELAY 625 m

Arrival at the accomodation late in the afternoon, dinner and overnight.

Day 2 : LE PUY EN VELAY - ST PRIVAT D'ALLIER (alt : 890m) +660m/-460m

As you leave the hotel, on the way out of Le Puy, you will have time to explore some of the old town. For example you will be able to climb the huge stairways that lead up to the cathedral (which dates from the 11th and 12th centuries). Leaving Le Puy, you will see wonderful views over the whole area. After this you will cross the Velay (a land famous for its lentils and black sheep), passing through La Roche, St Christophe sur Dolaizon, Montbonnet and then St Privat d'Allier. (Biggest uphill climb: 200 metres).

Walking time: ≈ 5h-6h, 23.5 km

Day 3: ST PRIVAT D'ALLIER - SAUGUES (alt : 960m) +660m/-560m

Between these two places you will pass through widely differing types of countryside, going from the narrow stony path through Rochegude (an interesting viewpoint overlooking the depths of the Allier gorges), crossing these gorges at Monistrol (followed by an impressive climb from the Allier past the Madeleine chapel, carved out of the rock in the 17th century) and arriving on to the plateau of the Margeride before you get to Saugues.

(Biggest uphill climb: 400m). Walking time: ≈ 4h-5h, 19 km.

Day 4 : SAUGUES - LES FAUX (alt : 1113m)

+570m/-360m

In this section you discover the Margeride Plateau with its characteristic villages, its secluded hamlets, its crosses and its pastures hemmed in by stone walls. Each village has charming features (for example granite houses with carved doorways, cottage gardens ...). Among these are: Le Pinet, La Clauze (with its strange perched tower!), Le Falzet, Contaldès farm, the country estate of Le Sauvage, the St Roch chapel, and then, 1km off the main track, you will come to the village of Les Faux.

(Biggest uphill climb : 200m). Walking time: ≈ 7h-8h, 29 km.

Day 5 : LES FAUX - AUMONT AUBRAC (alt : 1050 m)

+400m/-500m

This section continues across the plateau of the Margeride as far as Aumont: the gateway to Aubrac. Between Le Rouget, St Alban and Les Estrets you will find pretty hamlets, and churches with 'comb-style' belfries (with a wall of belfries supporting another smaller belfry) (Little uphill).

Walking time: ≈ 5h-6h, 21 km.

Day 6: AUMONT AUBRAC - NASBINALS (alt: 1180 m)

+400m/-260m

This is a long section, but not difficult. Here we leave the Margeride to cross the plateau of the Aubrac (a wide plateau full of pastures, old barns, drystone walls, and swathes of flowers — depending on the season!!). We pass through La Chaze de Peyre, Lasbros, Rieutort d'Aubrac and Montgros before arriving at NASBINALS. Here there is a superb 14th century Romanesque church built of brown basalt. (Biggest uphill climb: 100m).

Walking time: ≈ 7h-8h, 26 km.

Day 7: NASBINALS

End of the trip after the breakfast.

> DATES

From April 1 to All Saints' Day, on dates of your convenience and depending on hotel availability.

Please indicate on the reservation form the other dates that would also suit you (e.g. possibility of postponing the hike one or two days before or after, etc.); this in case one or more accommodations are not available on the chosen dates.

We also ask that you book as early as possible. We do not have reserved places in accommodation and some of them are full, sometimes several months in advance.

ATTENTION: Avoid a visit between May 23 and 26 to Aumont and Nasbinals because of the Transhumance Festival which takes place on the Aubrac plateau. It's always a



very busy period for accommodation, which is sometimes booked up several months in advance.

> PRICE COVERS

- Half board
- Luggage transfer between each walking stage (depending on the option chosen)
- Provision of the topo-guide (1 topo-guide per room reserved).
- Tourist tax.

> PRICE DOES NOT COVER

- The insurance
- Drinks and personal expenses
- Transfers from your home to the meeting point and dispersion
- Midday picnic
- Shuttles or taxis to collect your car or to shorten certain stages and parking costs
- Registration fees (+15 € / person)
- Shipping costs abroad (+20 € / file)
- Priority registration fees on D-15 (+45€ / file).

> ARRIVAL / DEPARTURE

Welcome takes place at the first accommodation, the day before your first day of walking. For those who come by car, you can park your vehicle in one of the city's car parks (see ACCESS paragraph).

Your stay ends the morning after your last day of hiking, after breakfast.

> LEVEL



LEVEL 2, 2 steps are a bit long. 3 to 8 hours of walking per day. From 150 to 500 m of elevation gain.

> ACCOMMODATION

1*, 2** and 3*** hotels or guest rooms. The shower and toilet may be located on the landing or upstairs in some accommodations. In this case, this will be indicated to you on your registration confirmation.

ATTENTION: rooms will not be available before 4:00 pm.

When 2 accommodations are full, we are forced to have you spend 2 nights in the same accommodation and organize a transfer (which does not change the content of your hike); these details will be indicated to you on your booking confirmation if this occurs. A supplement may be requested



Dogs accepted on this circuit. Consult us.

> MEALS

Breakfasts are traditional (sometimes in buffet form) and are served around 8 a.m. If you wish to have breakfast earlier, check with the hotelier the day before if this is possible.

Dinners are generally served from 7:30 p.m.; Most of the time they are composed of the daily menu. No menu choice in the majority of accommodations except with a supplement.

> LUNCH

Packed lunches are not included in the price.

You can order them directly the day before from the hotelier (to be paid on site, from €7 to €15 per person depending on the establishment) not all accommodation offers this service, or buy them in the villages, from existing shops.

> LUGGAGE TRANSPORT

Your luggage will be transported by a transport company between each steps at the end of the morning or during the afternoon.

Delivery of your luggage by 6 p.m.

Possible additional price for luggage transport from October.

ATTENTION:

We ask you to leave your luggage in the lobby of each accommodation in the morning at 8 a.m. and to IMPERATIVELY only bring 1 BAGGAGE PER PERSON NOT EXCEEDING 13KG; beyond this number (1 bag) and this weight (13 kg), the carrier may charge you a supplement at the end of the hike or categorically refuse to transport your luggage if it is too bulky.

Rigid suitcase not permitted, we decline all responsibility for damage to this type of luggage.

We invite you to bring a small backpack to carry your personal belongings for the day.

If you are part of a group, we ask you to indicate on your suitcase labels the NAME of the person responsible for this group (person who booked the hike).

ACCESS ACCESS

How to come:



By train: Le Puy en Velay's Railway station.



By car.

<u>how to return:</u>



By train.



By car or return shuttle.





> TRAVEL FILE

To carry out this hike, we will send you, upon payment of the balance, the Sentiers de St Jacques GR 65 topo guide (1 topo guide per room reserved - If you want an additional travel file, you will be charged + 20€/ file), and the list of accommodations.

> TAKEOUT LIST

- A small rucksack for your packed lunch and anything else needed for the day's walk
- Basic first aid eg plasters, antiseptic fluid, alcohol for feet etc
- A good pair of walking boots or shoes, suitable for hill walking. Beware of new boots – test them or break them in first.
- Sun-glasses, sun-cream and sun-hat
- Waterproof garments
- Light shoes for the evening
- Water bottle; it is important to drink 1.5 to 2 litres per day
- A knife
- Torch (optional)
- Binoculars (if desired)
- Paper handkerchiefs
- Needle, thread, safety pins

If we have not answered to all your questions, Contact us on +33 (0)4 71 74 47 40

MORE DETAILS AT THE SUSCRIPTION