



THE EXPERT FOR THE WAYS OF ST JAMES

THE SAINT JAMES OF COMPOSTELA PILGRIMS' WAY Conques - Cahors



Emblematic and historic route, continue the adventure of the Chemin de Compostelle between Conques and Cahors. From Conques and its famous abbey church, the GR 65 route to Santiago de Compostela follows the beautiful Lot valley. Before reaching Cahors and its famous Pont Valentré, you'll make your way through the Quercy limestone plateaux. Set off on this extraordinary, cosmopolitan route, where conviviality is very strong and the landscapes pass from region to region without monotony! Compostelle, a unique adventure !



8 days, 7 nights and 6 days of hike.

Day 1 : CONQUES (alt : 280 m)

Arrival at the accomodation late in the afternoon, dinner and overnight.

Day 2 : CONQUES - DECAZEVILLE (alt : 215m) D+608m / - 696m

Last view upon Conques before walking in the direction of « Les Clementies ». Aftre having crossed the river of the Brousse, you arrive at the village of Praysac. A last steep slope and you will reach Decazeville.

Walking time: ≈ 5h-6h, 20 km.

Day 3 : DECAZEVILLE - FIGEAC (alt : 194m) D+577m / - 586m

You begin with a series of 2 long sections, you cross first the village of Livinhac le Haut, then Montredon, very picturesque village, then Guirande, St Felix, before following the river of the Célé which will guide you to the old city of Figeac.

Walking time: ≈ 7h-8h, 29 km.

You can shorten this stage by contacting Bernard Taxi (05 65 50 00 20). This booking is not taken into account by La Pèlerine and remains at your expense.

Day 4 : FIGEAC - CAJARC (alt : 180m) D+570 m / - 620m

The way guide you to the Figeac's local mountain where you can find a big cross of concrete. You will pass in the village of Faycelle where you will love the awesome view upon the Lot's Valley, before arriving to Gréalou. Arrival to a dolmen (stone structure very common in the Causses) where you turn on the village of Verdier before arriving in Carjarc.

Walking time: ≈ 7h-8h, 30km.

You can shorten this stage by contacting Bernard Taxi (05 65 50 00 20). This booking is not taken into account by La Pèlerine and remains at your expense.



Day 5 : CAJARC - LIMOGNE EN QUERCY (alt : 312m) D+380 m / - 230m

You are crossing the Lot river toward Gaillac, you will cross several mas : Mas Del Pech, Mas of Bories and Mas of Palat. The path go through fields and forest before arriving to Limogne.

Please note: mileage may vary depending on accommodation booked, except for GR in this sector.

Walking time: ≈ 4h-5h, 18 km.

Day 6 : LIMOGNE - LALBENQUE (alt : 279m) D+180 m / - 210m

This step is a bit out of the GR in order to be able to join your accomodation (map supplied with the topo-guide). Crossing of the Causse upon the ancient roman way of Cami Ferrat, in the oak forest of Bois de Grézal.

Please note: mileage may vary depending on accommodation booked, except for GR in this sector.

Walking time: ≈ 5h-6h, 21.5 km.

Day 7 : LALBENQUE - CAHORS (alt : 122m) D+220 m / - 380m

The path stretches along the banks of a stream and takes us close to Moulin Bas. Between forests and stony paths, we wind our way back down to Cahors through the Lot valley. Here we arrive in the famous Cahors wine-growing area, to be consumed in moderation!

Please note: mileage may vary depending on the location of the previous day's accommodation.

Walking time: ≈ 4h-5h, 17 km.

Day 8 : CAHORS

End of the trip after the breakfast.

> DATES

From April 1 to All Saints' Day, on dates of your convenience and depending on hotel availability. A supplement may be required for stays from mid-October onwards due to luggage transfer and shuttle service (please consult us).



Please indicate on the reservation form the other dates that would also suit you (e.g. possibility of postponing the hike one or two days before or after, etc.); this in case one or more accommodations are not available on the chosen dates.

We also ask that you book as early as possible. We do not have reserved places in accommodation and some of them are full, sometimes several months in advance.

> PRICE COVERS

- Half board
- Luggage transfer between each walking stage (depending on the option chosen)
- Provision of the topo-guide (1 topo-guide per room reserved).
- Tourist tax

> PRICE DOES NOT COVER


- The insurance
- Drinks and personal expenses
- Transfers from your home to the meeting point and dispersion
- Midday picnic
- Shuttles or taxis to collect your car or to shorten certain stages and parking costs
- Registration fees (+15 € / person)
- Shipping costs abroad (+20 € / file)
- Priority registration fees on D-15 (+45€ / file)

> ARRIVAL / DEPARTURE

Welcome takes place at the first accommodation, the day before your first day of walking. For those who come by car, you can park your vehicle in one of the city's car parks (see ACCESS paragraph).

Your stay ends the morning after your last day of hiking, after breakfast.

> LEVEL

 Medium. From 50 to 350 m of ascent.



> ACCOMMODATION

1*, 2** and 3*** hotels or guest rooms. The shower and toilet may be located on the landing or upstairs in some accommodations. In this case, this will be indicated to you on your registration confirmation.

ATTENTION : rooms will not be available before 4 :00 pm.

When 2 accommodations are full, we are forced to have you spend 2 nights in the same accommodation and organize a transfer (which does not change the content of your hike); these details will be indicated to you on your booking confirmation if this occurs. A supplement may be requested

> MEALS

Breakfasts are traditional (sometimes in buffet form) and are served around 8 a.m. If you wish to have breakfast earlier, check with the hotelier the day before if this is possible.

Dinners are generally served from 7:30 p.m.; Most of the time they are composed of the daily menu. No menu choice in the majority of accommodations except with a supplement.

For restaurants outside the hotel (e.g. Figeac and Cahors), please specify that you are "La Pèlerine" customers.

> LUNCH

Packed lunches are not included in the price.

You can order them directly the day before from the hotelier (to be paid on site, from €7 to €15 per person depending on the establishment) not all accommodation offers this service, or buy them in the villages, from existing shops.

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> LUGGAGE TRANSPORT

Your luggage will be transported by a transport company between each steps at the end of the morning or during the afternoon.



Delivery of your luggage by 6 p.m.

Possible additional price for luggage transport from October.

ATTENTION :

We ask you to leave your luggage in the lobby of each accommodation in the morning at 8 a.m. and to IMPERATIVELY only bring 1 BAGGAGE PER PERSON NOT EXCEEDING 13KG; beyond this number (1 bag) and this weight (13 kg), the carrier may charge you a supplement at the end of the hike or categorically refuse to transport your luggage if it is too bulky.

Rigid suitcase not permitted, we decline all responsibility for damage to this type of luggage.

We invite you to bring a small backpack to carry your personal belongings for the day.

If you are part of a group, we ask you to indicate on your suitcase labels the NAME of the person responsible for this group (person who booked the hike).

> ACCESS

How to come :



By train.



By car.



By plane.

How to return :



By train.



By car.



By plane.



> TRAVEL FILE

To carry out this tour, we will send you, on payment of the balance, a travel pack including the list of accommodation and the guide book (1 guide book per room booked). If you would like an additional travel pack, you will be charged €20 per pack.

> TAKEOUT LIST

- a small rucksack for a picnic and the day's essentials
- a small first-aid kit (plasters, double skin, eosin, alcohol....)
- a pair of "medium mountain" walking shoes (beware of new shoes)
- sunglasses, sun cream and hat
- rainwear
- Light shoes for the evening
- a water bottle: it's important to drink 1.5 to 2 litres of water a day
- a knife
- torch (not essential)
- a pair of binoculars (optional)
- newspaper for your shoes if they get wet
- tissues
- a needle, a small amount of thread and one or two safety pins
- Masks
- hydro-alcoholic gel

If we did not answer all of your questions,
- call us at +33 (0)4 71 74 47 40 -

MORE DETAILS AT THE SUBSCRIPTION

