

32 Place Limozin 43170 SAUGUES Tél: 04 71 74 47 40 contact@lapelerine.com www.lapelerine.com Siret: 439 482 233 00020



# THE EXPERT FOR THE WAYS OF ST JAMES

# THE SAINT JAMES OF COMPOSTELA PILGRIMS' WAY

Lectoure - Aire sur L'Adour



The Saint James of Compostela Way continues its itinerary through Gascony and its renowned terroir. Along the way, you'll come across many pretty little—villages, Bastides and Castelnaux.

Set off on this extraordinary, cosmopolitan route, where conviviality is very strong and the landscapes pass from region to region without monotony! Compostelle, a unique adventure!

> PROGRAM JL018

8 days, 7 nights et 6 hiking days

### Day 1: LECTOURE

Arrival to the accomodation late in the afternoon, diner and overnight.

### Day 2: LECTOURE - LA ROMIEU 187m

To leave Lectoure, head for Marsolan, past the Abrin chapel, then on to La Romieu (visit the cloister). Please note that since 2018, the route out of Lectoure has changed. This is from the Cathedral. It is now shorter and more beautiful (according to the inhabitants of Lectoure). Don't take the road immediately to the right at the 1st signpost, but continue to the 2nd signpost to cross the railway line on leaving Lectoure.

Walking time:  $\approx$  4h-5h, 19 km.

### Day 3: LA ROMIEU - CONDOM 73m

This is a short stage that allows you to visit La Romieu if you haven't done so the day before, and also to spend some time in Condom, having first passed through Castelnau sur Avignon before reaching Condom.

Walking time: ≈ 4h-5h, 14 km.

# Day 4: CONDOM - MONTREAL DU GERS

After leaving Condom, please take the direction of Carbon; then after Carbon go in the direction of the Artigues' bridge and then the direction of Montréal du Gers.

Walking time:  $\approx$  4h-5h, 17 km.

# Day 5 : MONTREAL DU GERS - EAUZE

You will go in the direction of Lamothe, (to see: The guard tower from the 13th century), before reaching Eauze.

Walking time: ≈ 4h-5h, 16 km.

### Day 6: EAUZE - NOGARO 141m

Leaving EAUZE, capital of Armagnac, head for the Peyret farm at 7 Km500, then on to the Pouy pond before arriving at Manciet, where you can see the remains of an ancient Templar commandery, then on to NOGARO.

Walking time: ≈ 5h-6h, 20 km.

### Day 7: NOGARO - AIRE SUR L'ADOUR 80 m

Passages near La Grange and Bidet farms, then Micoulas farm. Cross Lacassagne farm before arriving in AIRE SUR L'ADOUR.

Walking time: ≈ 6h-7h, 28 km.

### Day 8: AIRE SUR L'ADOUR 80 m

End of the trip after the breakfast.

### > DATES

From April 1 to All Saints' Day, at your convenience and subject to hotel availability.

<u>Please indicate on the booking form any other dates that may be convenient for you (e.g.: possibility of postponing the tour by one or two days before or after...); this is in case one or more accommodations are not available on the chosen dates.</u>

We also ask you to book <u>as early as possible</u>. We don't have any reserved places in the accommodations, and some of them are fully booked several months in advance.

# > PRICE COVERS

- Half board
- Luggage transfer between each walking stage (depending on the option chosen)
- Provision of the topo-guide (1 topo-guide per room reserved).
- Tourist tax.

### > PRICE DOES NOT COVER

- The insurance

- Drinks and personal expenses
- Transfers from your home to the meeting point and dispersion
- Midday picnic
- Shuttles or taxis to collect your car or to shorten certain stages and parking costs
- Registration fees (+15 € / person)
- Shipping costs abroad (+20 € / file)
- Priority registration fees on D-15 (+45€ / file).

## > ARRIVAL / DEPARTURE

Welcome at the first hotel, the day before your first day of walking.

For those coming by car, private garage at a cost of <u>around 10 / 12 euros / day.</u> <u>Reservations essential as space is limited.</u> Several public parking lots in the vicinity of the hotel.

Your trip takes end the following day in the morning after your last day of hiking, after the breakfast.

### > LEVEL



Middle.

From 50 to 150 m of vertical drop

# > ACCOMMODATION

1\*, 2\*\* and 3\*\*\* hotels or guest rooms. <u>The shower and toilet may be located on the landing or upstairs in some accommodations</u>. In this case, this will be indicated to you on your registration confirmation.

ATTENTION: rooms will not be available before 4:00 pm.

When 2 accommodations are full, we are forced to have you spend 2 nights in the same accommodation and organize a transfer (which does not change the content of your hike); these details will be indicated to you on your booking confirmation if this occurs. A supplement may be requested

### > MEALS

Breakfasts are traditional (sometimes in buffet form) and are served around 8 a.m. If you wish to have breakfast earlier, check with the hotelier the day before if this is possible.

Dinners are generally served from 7:30 p.m.; Most of the time they are composed of the daily menu. No menu choice in the majority of accommodations except with a supplement.

### > LUNCH

Packed lunches are not included in the price.

You can order them directly the day before from the hotelier (to be paid on site, from €7 to €15 per person depending on the establishment) not all accommodation offers this service, or buy them in the villages, from existing shops.

### > LUGGAGE TRANSPORT

Your luggage will be transported by a transport company between each steps at the end of the morning or during the afternoon.

Delivery of your luggage by 6 p.m.

Possible additional price for luggage transport from October.

### **ATTENTION:**

We ask you to leave your luggage in the lobby of each accommodation in the morning at 8 a.m. and to IMPERATIVELY only bring 1 BAGGAGE PER PERSON NOT EXCEEDING 13KG; beyond this number (1 bag) and this weight (13 kg), the carrier may charge you a supplement at the end of the hike or categorically refuse to transport your luggage if it is too bulky.

<u>Rigid suitcase</u> not permitted, we decline all responsibility for damage to this type of luggage.

We invite you to bring a small backpack to carry your personal belongings for the day.

If you are part of a group, we ask you to indicate on your suitcase labels the NAME of the person responsible for this group (person who booked the hike).

#### > ACCESS



Train



<u>Car</u>

### > USEFUL ADRESSES

- Association sur les Pas de St Jacques, Hôtel de Ville 48130 Aumont-Aubrac, Phone : 04 66 31 13 34
- Association de Coopération Inter-Régionale « Les Chemins de St Jacques », 4 rue Clémence Isaure 31000 Toulouse,

Phone: 05 62 27 00 05, Site www.chemins-compostelle.com, Mail: chemins.de.compostelle@wanadoo.fr

- Société des Amis de St Jacques, BP 368, 75768 Paris Cedex 16 Phone : 01 46 05 80 50
- Compostelle 2000, 11 Rue Hermel, 75018 Paris Phone: 01 43 20 71 66

## > TRAVEL FILE

For this tour, we'll send you a guidebook (1 guidebook per room booked) when you pay the balance.

If you require an additional travel pack, this will be invoiced at + 20€ / pack.

#### > TAKEOUT LIST

- a small rucksack for a picnic and the day's essentials
- a small first-aid kit (plasters, double skin, eosin, alcohol....)
- a pair of "medium mountain" walking shoes (beware of new shoes)
- sunglasses, sun cream and hat
- rainwear
- Light shoes for the evening
- a water bottle: it's important to drink 1.5 to 2 litres of water a day



- a knife
- torch (not essential)
- a pair of binoculars (optional)
- newspaper for your shoes if they get wet
- tissues
- a needle, a small amount of thread and one or two safety pins
- Masks
- hydro-alcoholic gel.

# Cell phones:

Please note that cell phones cannot be used everywhere.

If we did not answer all of your questions, - call us at +33 (0)4 71 74 47 40 -

MORE DETAILS AT THE SUBSCRIPTION

