



THE EXPERT FOR THE WAYS OF ST JAMES

THE SAINT JAMES OF COMPOSTELA PILGRIMS' WAY

Aire sur L'Adour - Saint Jean Pied de Port



From the pretty hills of Béarn, the Camino de Santiago de Compostela takes you to the foothills of the Pyrenees. During your hiking days, you'll discover remarkable sites such as the Abbey of Sauvelade and the Bastide of Navarrenx. Before sampling the adventure of the Spanish side of the Camino de Compostela, enjoy the rich and fascinating Basque culture. The lively town of Saint Jean Pied de Port, sitting at the foot of the Pyrenees, is an ideal stopover for pilgrims.

Set off on this extraordinary, cosmopolitan route, where conviviality is very strong and the landscapes pass from region to region without monotony! Compostelle, a unique adventure!



10 days, 9 nights , 8 hiking days

Day 1 : AIRE SUR L'ADOUR

Arrival to the accomodation late in the afternoon, diner and overnight.

Day 2 : AIRE-SUR-L'ADOUR - MIRAMONT SENSACQ

From Aire, the ancient city of the Romans (12th-century cathedral), you will follow the Lac du Broussau on the outskirts of the town, then through a number of crops, villages and groves you will reach the village of Miramont Sensacq: a church with a comb-shaped bell tower and a lovely panorama over the Tursan and the Pyrenees, which are getting closer!

Walking time: ≈ 4h-5h, 18 km.

Day 3 : MIRAMONT SENSACQ - LARREULE

A pretty route, a little more undulating than the previous day: more hamlets and greenery, all the way to Pimbo, one of the oldest bastides in the Landes. Then on to Arzacq, with its church, wooden Madonna dating from 1638, Tour du Peich and Tour de Louis XIII. Then from Louvigny to Larreule, a succession of calvaries, bell towers and pretty views... Transfer and overnight in Hagetaubin.

Walking time: ≈ 6h-7h, 27.5 km.

Day 4 : LARREULE - MASLACQ

Morning transfer, then: Pass through several small villages (Castillon, Arthez de Béarn (remnants of ramparts and medieval tower), over the Gave de Pau before reaching Maslacq.

>> Possibility of a transfer (not included in the price) to Sauvelade. A 14 km stage to Navarrenx the next day.

Walking time: ≈ 6h-7h, 27.5 km.

Day 5 : MASLACQ - NAVARRENX

Leave Maslacq and head for Sauvelade, 8 km away (bar and snack bar in Sauvelade), then on to Labarthe farm, which is privately owned but open to hikers; after crossing the ford, head for Navarrenx.

Walking time: ≈ 5h-6h, 22.5 km.



Day 6 : NAVARRENX - AROUE

Leaving the fortified town of Navarrenx, head for Castetnau-Camblong, passing through the village on the way to Château de Montgaston, 12 km away, and then Château de Joantho (private).

>> In Aroue: comfortable self-catering accommodation. Meals all together and shared bathroom facilities.

Walking time: ≈ 5h-6h, 20 km.

Day 7 : AROUE - ST PALAIS

At Aroué (off GR), which is the boundary between Béarn and the Basque country. Take the alternative route to St Palais.

Walking time: ≈ 5h-6h, 21 km.

Day 8 : ST PALAIS - LARCEVEAU

St Palais is off the GR, so follow the instructions in the topo guide to join the GR 65. Near the Saint Palais tourist office, take rue du Palais de justice and follow the signs. You can head for Hiriburria, passing by the chapel of Soyarza with its beautiful viewpoint; then head for Ostabat-Asme, a gathering place for many pilgrims, and on to Larceveau.

Walking time: ≈ 4h-5h, 17km.

Day 9 : LARCEVEAU - ST JEAN PIED DE PORT

Last stage to St Jean Pied de Port, passing through Ainhice Mongelos, Bustince (see the old chapel), then St Jean le Vieux, to finish in St Jean Pied de Port. Dinner on your own.

If you wish to continue on the Compostela trail, we recommend that you climb to Roncesvalles. Please consult us for this additional stage.

Walking time: ≈ 4h-5h, 19 km.

Day 10 : SAINT JEAN PIED DE PORT

End of the trip after the breakfast.

> DATES

From April 1 to All Saints' Day, at your convenience and subject to hotel availability.



Please indicate on the booking form any other dates that may be convenient for you (e.g.: possibility of postponing the tour by one or two days before or after...); this is in case one or more accommodations are not available on the chosen dates.

We also ask you to book **as early as possible**. We don't have any reserved places in the accommodations, and some of them are fully booked several months in advance.

> PRICE COVERS

- Half board (**except in St Jean Pied-de-Port**)
- Luggage transfer between each walking stage (depending on the option chosen)
- Provision of the topo-guide (1 topo-guide per room reserved).
- Tourist tax.

> PRICE DOES NOT COVER

- Picnic lunch and dinner in Saint Jean Pied de Port
- Insurance, drinks and personal expenses
- Transfers from your home to the meeting point and dispersal
- Registration fees (+15 euros per person), postage abroad (+20 euros per file) and priority processing fees for registrations received by D-15 (+45 euros per file).
- Shuttles or cabs to pick up your car or to shorten certain stages
- Parking fees.

> ARRIVAL / DEPARTURE

We welcome you at the first hotel, the day before your first day's walk. If you're coming by car, you can leave it at the B&B or hotel. Please note that there may be a charge for parking. Your stay ends on the morning of your last day of hiking, after breakfast.

With our luggage transporter, you can have access to a luggage or vehicle depot > consult us!

> LEVEL

 Medium.
From 50 to 150 m of vertical drop.



> ACCOMMODATION

1*, 2** and 3*** hotels or guest rooms. The shower and toilet may be located on the landing or upstairs in some accommodations. In this case, this will be indicated to you on your registration confirmation.

ATTENTION : rooms will not be available before 4 :00 pm.

When 2 accommodations are full, we are forced to have you spend 2 nights in the same accommodation and organize a transfer (which does not change the content of your hike); these details will be indicated to you on your booking confirmation if this occurs. A supplement may be requested

> MEALS

Breakfasts are traditional (sometimes in buffet form) and are served around 8 a.m. If you wish to have breakfast earlier, check with the hotelier the day before if this is possible.

Dinners are generally served from 7:30 p.m.; Most of the time they are composed of the daily menu. No menu choice in the majority of accommodations except with a supplement.

> LUNCH

Packed lunches are not included in the price.

You can order them directly the day before from the hotelier (to be paid on site, from €7 to €15 per person depending on the establishment) not all accommodation offers this service, or buy them in the villages, from existing shops.

> LUGGAGE TRANSPORT

Your luggage will be transported by a transport company between each steps at the end of the morning or during the afternoon.

Delivery of your luggage by 6 p.m.

Possible additional price for luggage transport from October.



ATTENTION :

We ask you to leave your luggage in the lobby of each accommodation in the morning at 8 a.m. and to IMPERATIVELY only bring 1 BAGGAGE PER PERSON NOT EXCEEDING 13KG; beyond this number (1 bag) and this weight (13 kg), the carrier may charge you a supplement at the end of the hike or categorically refuse to transport your luggage if it is too bulky.

Rigid suitcase not permitted, we decline all responsibility for damage to this type of luggage.

We invite you to bring a small backpack to carry your personal belongings for the day.

If you are part of a group, we ask you to indicate on your suitcase labels the NAME of the person responsible for this group (person who booked the hike).

> ACCESS



Train :

Aire sur l'Adour train station

Pau SNCF station

St Jean Pied de Port train station



By car

> TRAVEL FILE

For this tour, we'll send you a guidebook (1 guidebook per room booked) when you pay the balance.

If you require an additional travel pack, this will be invoiced at +20€ / pack.

> TAKEOUT LIST

- a small rucksack for a picnic and the day's essentials
- a small first-aid kit (plasters, double skin, eosin, alcohol....)
- a pair of "medium mountain" walking shoes (beware of new shoes)
- sunglasses, sun cream and hat
- rainwear



- Light shoes for the evening
- a water bottle: it's important to drink 1.5 to 2 litres of water a day
- a knife
- torch (not essential)
- a pair of binoculars (optional)
- newspaper for your shoes if they get wet
- tissues
- a needle, a small amount of thread and one or two safety pins
- Masks
- hydro-alcoholic gel

Cell phones:

Please note that cell phones cannot be used everywhere.

MORE DETAILS AT THE SUBSCRIPTION

