



## THE EXPERT FOR SELF-GUIDED HIKING TOURS

### AUVERGNE - PUY DE SANCY WALK OVER THE VOLCANOES



At the heart of the 'Volcano Park' of the Auvergne, and born five million years ago, the Puy de Sancy reaches a height of 1886 metres. It is a mixture of rounded shoulders, rugged cliffs and deep clefts, promising both close encounters and escapes into the wilderness. Keen emotions and powerful sensations – a full range of feelings can be pleurably experienced here. Forget the passage of time, the treadmill of routine and the stresses of urban life. Liberating and regenerating: the mountain is at once the most soothing yet astonishing of companions.

And did you know this? The river Dordogne has its source at the foot of the Puy de Sancy at a height of 1350 metres.



**DAY 1: ARRIVAL IN LA BOURBOULE.**

Each day, two routes to choose from (1 short and 1 long).

**DAY 2: CHARLANNES AND CHARBONNIERE WOODS**

Route 1.A / Classic itinerary: Blue route

Start and finish at the La Bourboule Tourist Office.

Distance: 23 km | Ascent: +850 m | Descent: -850 m

Route 1.B / Short alternative: Orange route

Start and finish at the La Bourboule Tourist Office.

Distance: 10 km | Ascent: +450 m | Descent: -180 m

**DAY 3: CLIERGUE STREAM - ROCHE DE VENDEIX, STARTING FROM LA BOURBOULE**

Route 2.A / Classic itinerary: Blue route

Start and finish at the La Bourboule Tourist Office.

Distance: 19 km | Ascent: +620 m | Descent: -620 m

Route 2.B / Short alternative: Orange route

Start and finish at the La Bourboule Tourist Office.

Distance: 8 km | Ascent: +430 m | Descent: -420 m

**DAY 4: LA BOURBOULE - MONT DORE VIA LAC DE GUERY**

Route 3.A / Classic itinerary: Blue route

Start from the La Bourboule Tourist Office.

Distance: 24 km | Ascent: +1100 m | Descent: -690 m

Route 3.B / Short alternative: Orange route

Start from the La Bourboule Tourist Office.

Distance: 13 km | Ascent: +480 m | Descent: -60 m

**DAY 5: ASCENT OF PUY DE SANCY VIA THE RIDGES (STARTING FROM MONT DORE)**

Route 4.A / Classic itinerary: Blue route

Start and finish at the Sancy cable car parking lot.

Distance: 24 km | Ascent: +1250 m | Descent: -1300 m

Route 4.B / Short alternative: Orange route

Start and finish at the Sancy cable car parking lot.

Distance: 12 km | Ascent: +640 m | Descent: -680 m



## DAY 6: AROUND THE FONTAINE SALÉE CIRQUE (STARTING FROM MONT DORE)

Route 5.A / Classic itinerary: Blue route

Start and finish at the Sancy cable car parking lot.

Distance: 20 km | Ascent: +1150 m | Descent: -1150 m

Route 5.B / Short alternative: Orange route

Start and finish at the Sancy cable car parking lot.

Distance: 7 km | Ascent: +550 m | Descent: -550 m

## DAY 7: End of the stay after breakfast.

Transfer back to La Bourboule.



- Discovery of the Massif du Sancy
- Qualitative accommodations
- The opportunity to switch between long and short hikes.

### > DATES

From 15 April until All Saints' Day (beginning of November), you can choose your own dates subject to the availability of accommodation.

Avoid mid-summer.

Please indicate on the booking form any alternative dates which might suit you (for example if you would be able to book the holiday for a period of time shortly before or after your preferred date). This may be useful if one or more hotels are already booked on the preferred date.

### > THE PRICE INCLUDES

- Half board
- Transport of baggage to and from La Bourboule
- Accommodation tax
- A guidebook (one guidebook for 1-4 people).

### > THE PRICE DOES NOT INCLUDE

- Packed lunches/midday picnics
- Insurances, drinks; personal spending



- The cost of getting from your home to the starting point, or getting home again after the holiday
- Booking fees
- Extra charge for postage outside France.
- Transfer back to La Bourboule.

## › ARRIVAL / DEPARTURE

Reception takes place at the first hotel on the evening before your first day's walking. For those coming by car, you can leave your vehicle in the hotel car park.

The holiday ends the morning after your last day's walking at the Hôtel du MONT DORE. You and your luggage will be transported back to La Bourboule by the hotel-keeper.

## › LEVEL

Footpaths are sometimes steep and may appear difficult because of the steepness of the incline. The walks are fairly short, which enables you to stroll if you wish and complete them at your own speed.

## › ACCOMMODATION

Hotel 2\*\* at LA BOURBOULE and Hotel 2\*\* at MONT DORE.

If the three-star hotel at LA BOURBOULE is full up, you will be accommodated at a two-star hotel. Parking is free at both hotels.

## › FOOD

Breakfasts will take the form of a buffet.

Dinners are normally served after 19h30 (7.30pm); most of the time they consist of the dishes of the day ('menu du jour').

## › MEAL

Packed lunches are not included in our prices.

The two hotels do, however, offer picnics/packed lunches.



Shopping:

LA BOURBOULE: a full range of shops.

LE MONT DORE: no shops, but packed lunches can be obtained from the hotel.

## > LUGGAGE TRANSFER

Your bags will be transported for you on the 4th day between LA BOURBOULE and LE MONT DORE.

## > ACCESS



TRAIN



CAR



BY AIR:

Airport near Clermont

From there, there is a bus service in summer: (Le Mont-Dore - Murat-le-Quaire - Le Sancy)

## > TAKE-OUT LIST

A small rucksack for packed lunches and whatever you may need to carry with you when walking

A small individual first-aid kit, including Elastoplasts (sticking plasters), 'new skin', disinfectant/antiseptic for treating blisters or small wounds etc

A pair of strong, comfortable walking shoes suitable for long-distance walking on stony tracks. Beware of bringing new footwear which has not been tested for comfort!

Sun-glasses, sun-cream and a sunhat

Rain-wear

Swimming costume/trunks (there is a swimming pool at the Mont-Dore hotel)

A fleece or thick pullover

Sandals/plimsolls for paddling (optional)

Light footwear for the evenings.

A water-bottle: you will need to drink 1.5 to 2L of water each day.

A knife

A woolly hat in case the wind is cold



A small torch (optional)

Binoculars (optional)

Camera

Paper handkerchiefs/tissues

Needle, thread and a couple of safety pins

Airtight containers in case you want to take salads on your picnics.

**MORE DETAILS AT THE SUBSCRIPTION**

