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THE EXPERT FOR THE WAYS OF ST JAMES

CAMINO DEL NORTE

De Gijón à Ribadeo



etween land and sea, the Camino del Norte takes you all the way to Santiago de Compostela, with the ocean as its main ally. You'll encounter fishing villages, small and large beaches, and beautiful towns with a rich cultural heritage. After a day's walking, you'll know how to enjoy a glass of cider and some tasty seafood! A solitary route that will take you to Santiago de Compostela through a variety of landscapes.

> PROGRAM JL091

9 days - 8 nights - 7 hiking days.

DAY 1: GIJON

Arrival in Gijón and check-in at your hotel. If you arrive during the day, take advantage of the time you have to go and see the Palacio de Revillagigedo and the Colegiata de San Juan Bautista, two emblematic buildings of the city.

DAY 2: GIJON - AVILES

D+368m / D-369m

We recommend taking bus #12 to the Fatima stop to exit the city.

You will alternate for this particular stage fields, industrial area and eucalyptus forests.

When you arrive in Aviles, you can stroll through the old town, classified as a historic site, and in particular in the pedestrian streets of Galiana and Rivero and in the Plaza de España and its Town Hall, or visit the old church Sabugo, of the thirteenth century and that, of Santo Tomás de Canterbury. Do not miss the palaces of Valdecarzana and Camposagrado, as well as the theater-palace Valdés.

Walking time: ≈ 6h, distance 24 km.

DAY 3: AVILES - MUROS DE NALON

D+613m / D-490m

From Aviles, the path leads you to San Cristobal where you enjoy a beautiful view of Salinas and its pretty beach before descending towards the resort.

We recommend that you follow the Senda Costera from San Esteban de Pravia, rather than the Camino de Compostela that follows the national and highway. The Senda Costera is a landscaped path that runs along the coast to Playa de Aguilar. You take it from the pier of San Esteban. There are 8 kilometers between San Esteban and Playa de Aguilar (2 hours walk)

Walking time: ≈ 6h, distance 24 km.

DAY 4: MUROS DE NALON - SOTO DE LUIÑA

D+330m / D-200m

From the hotel, you catch the way to St Jacques. It continues to sneak through a wide variety of hamlets, chapels, palaces, beaches and forests.

We advise you to make a hook by Cudillero, small fishing village that is worth a visit! In Soto de Luiña, don't miss the 18th century church of Santa María.



Walking time: ≈ 4h30, distance 16,5 km.

DAY 5: SOTO DE LUIÑA - CADAVEDO

D+480m / D-400m

You hike on an old national road and walk along the seaside. The sumptuous landscapes will make you forget the difference in altitude of this stage.

Walking time: ≈ 6h, distance 23,5 km.

DAY 6: CADAVEDO – LUARCA

D+235m / D-315m

This short stage alternates paths and small pieces of the national road but remains pleasant and safe.

Walking time: ≈ 4h30, distance 16 km.

DAY 7: LUARCA - NAVIA

D+340m / D-330m

This short step presents no difficulty. However, it is rich in Jacquar traces (Santiago Apostol Church, San Bartolomé Church, San Salvador Church...). This stage ends at Navia and its fishing port.

Walking time: ≈ 5h, distance 19 km.

DAY 8: NAVIA – RIBADEO

D+450m / D-420m

Two possible routes for this final stage in Asturias: one by the coast and one by the countryside. At the end of the day, you cross the Ribadeo estuary, the natural border between Asturias and Galicia. Santiago de Compostela is getting closer! Free dinner.

Walking time: ≈ 8h, distance 32 km.

DAY 9: RIBADEO

End of stay after breakfast.

Note:

- 1 It will not be possible to alter the places where you are accommodated or the order of the walking stages etc (for obvious organisational reasons). Once the day's walk has started, you are expected to continue the day's programme as arranged, except where exceptional circumstances intervene (for example, safety issues linked to adverse weather conditions.
- 2 If you wish to shorten a walking stage, you will need to contact and pay for any taxis used when the occasion arises.



> DATES

From April 1 to October 31, at your convenience and subject to hotel availability.

Please indicate on the booking form any other dates that would suit you (e.g.: possibility of postponing the tour by one or more days before or after...); this is in case one or more accommodations are fully booked on the chosen dates, as well as your dietary requirements.

We also ask you to <u>book as early as possible</u>. We don't have any reserved places in the accommodations, and some of them may be fully booked several months in advance.

> PRICE COVERS

- Half board nights for the entire stay (except in Ribadeo)
- Baggage transfer between each leg of the journey.
- A travel diary with 1 guidebook per room booked.

> PRICE DOES NOT COVER

- Lunch.
- The meal in Ribadeo
- Drinks and personal expenses.
- Insurance.
- Shipping costs abroad (+20€/file),
- Registration fees (+15€/person),
- Priority processing fee for any D-15 registration (+€45/ file).

> ARRIVAL / DEPARTURE

Beginning of the trip:

Arrival and set up in your hotel in Gigon late in the afternoon, the day before your first hiking day.

End of the trip:

In Ribadeo after the breakfast, the day after your last hiking day.



> LEVEL



Between 4h30 and 8h of walking per day on average over distances of 16 km to 32 km on hilly terrain.

> ACCOMMODATION

In hotels, guesthouses and casas rurales.

When accommodation is very busy:

It may happen that your stay has already been booked by other hikers.

In this case, and for your comfort, some accommodations will be modified; cab pickup times and locations may also be altered. **Additional charges may apply.**

> LUNCH

Packed-lunch are not included in the price.

> LUGGAGE TRANSPORT

Your luggage will be transported between each stage of the walk.

<u>ATTENTION :</u>

We ask you to leave your luggage in the hall of each accommodation in the morning, and to IMPERATIVELY bring ONLY 1 LUGGAGE PER PERSON NOT EXCEEDING 13KG; beyond this number (1 bag) and weight (13 kg), the transporter may charge you a supplement at the end of the hike, or categorically refuse to transport your luggage if it is too bulky.

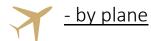
Please bring a small backpack to carry your personal belongings for the day. If you are part of a group, we ask you to indicate on your luggage tags the NAME of the person responsible for the group (the person who booked the tour).

> ACCESS

*GO



- by train or bus





<u>- by car</u>

*RETURN



- by bus



<u>- by plane</u>

A transfer of your vehicle can be organized during your walking stay to recover it at the end of your stay (contact us)

> TRAVEL FILE

The month before your departure, after having paid your trip, we will send you a travel file with all the documents you need to your hike: a topoguide and maps, luggage tags, addresses of your accomodations and also contractual documents (invoice, insurance certificate). In the topoguide you will find the description of the paths (all the way is well-marked) and comments upon the villages, the monuments ... We give 1 topoguide per reserved room.

If you want an additionnal travel file, you be invoiced +20€/file.

> TAKEOUT LIST

- 1 soft travel bag; avoid suitcases, which are bulkier, and keep the weight and bulk of your belongings to a reasonable 10 kg maximum.
- 1 small rucksack (minimum 30 liters) for your day's essentials
- 1 pair of previously used hiking boots
- 1 waterproof, breathable jacket (Gore-Tex type)
- 1 fleece or 1 pullover
- 1 rain cape (poncho)
- 1 pair of loose-fitting walking pants (canvas or jogging pants)
- 1 pair of thin gloves
- 1 hat
- 1 pair of shorts
- 1 bathing suit + towel
- several pairs of socks (not too thick)



- underwear
- 1 pair of tennis shoes
- 1 tracksuit or loose-fitting evening suit
- sunglasses, sun cream and lip protection
- 1 hat
- 1 water bottle (2 to 3 liters per person per day in summer)
- 1 Tuperware-type plastic bowl for picnics + cutlery
- 1 small personal first-aid kit (gauze, elastoplast, painkiller, double skin for blisters, earplugs...).
- your camera, and why not a novel, watercolors or other...
- your papers; see "Formalities".

Don't forget your good mood and your curiosity!

> FORMALITIES

Identity card or passport required.

European health insurance card

You are traveling to a country in the European Union, the European Economic Area (EU/EEA) or Switzerland.

Before you leave, get a European Health Insurance Card (EHIC). This will enable you to prove your entitlement to health insurance and to have your medical expenses covered, in accordance with the legislation and formalities in force in the country where you are staying.

Nominative and individual, the form should be requested from www.ameli.fr.

Finally, if you're coming to Spain by car, it's compulsory to have 2 warning triangles in your vehicle and 1 reflective warning vest. Failure to comply with these regulations can result in heavy fines, which must be paid locally.

To call France

To call France from Spain, dial the international dialing code 00, then the French dialing code 33, then your phone number, minus the first 0.

To call Spain, dial the international dialing code 00, then the Spanish dialing code 34, then your phone number, minus the first 0.

EXAMPLE: how to call the Pèlerine: 00 33 4 71 74 47 40.

MORE DETAILS AT THE SUBSCRIPTION

