



THE EXPERT FOR THE WAYS OF ST JAMES

CAMINO DEL NORTE

From Ribadeo to Santiago de Compostela



At Ribadeo, you leave the coast and Asturias and go inland, deep into the unspoilt Galician countryside. Landscape, language and culture all change. In the scenery, green is still the predominant colour, but the background blue of the sea disappears. You pass through some pretty Galician villages such as Mondañedo, Vilalba and Sobrado and rejoin the Camino Frances (the more southerly branch of the Way of Saint James) at Arzua. This is a path of peace and tranquillity which takes you to Santiago de Compostela through beautiful varied countryside.



11 days - 10 nights - 9 days hiking.

DAY 1: RIBADEO

Arrival in Ribadeo and transfer to your hotel. If you arrive early, you can go for a swim in the Playa de la Catedrales (8km from Ribadeo, possibility to get there by taxi or train). Prefer this excursion in low season and at low tide. **Dinner not included in the price.**

DAY 2: RIBADEO - LOURENZA

D+750m / D-680m

We leave the seaside to sink into the lands and forests of Galician eucalyptus. This long stage is certainly very hilly but it does not present any particular difficulties and is very pleasant. Arrival in Lourenza by a medieval bridge. **Dinner not included in the price.**

Walking time: ≈ 7h30, distance 27 km.

DAY 3: LOURENZA - ABADIN

D+870m/ D-400m

This walking day has many gradients but your efforts will be rewarded by the visit to the cathedral of Mondoñedo (13th century). Inside is the Diocesan Museum of Galicia which preserves many regional religious works.

Walking time: ≈ 7h, distance 25 km.

DAY 4: ABADIN – VILALBA

D+240m / D-260m

Very pleasant stage where you enter the Terra Cha, region that is characterized by its flat relief. Meadows and pastures, alternating with small forests and streams, dominate the landscape. **Dinner not included in the price.**

Walking time: ≈ 5h, distance 22 km.

DAY 5: VILALBA - BAAMONDE (Transfer and night in Friol)

D+240m/ D-290m

New stage without particular difficulty. You walk mainly in the undergrowth and discover many vestiges of the medieval period. At the end of this stage, you will be transferred to your accommodation, in the hamlet of Friol.

Walking time: ≈ 5h30, distance 20 km.



DAY 6: BAAMONDE - MIRAZ (Transfers and night in Friol)

D+270m/ D-270m

After breakfast, we will drive you back to Baamonde, starting point of your hike. If you have not done so the day before your arrival, take advantage of this short day of walking to see the church of Santiago (14th century) and its magnificent calvary in Baamonde. In the evening, you will be transferred back to Friol.

Walking time: ≈ 4h, distance 16 km.

DAY 7: Transfer then MIRAZ - SOBRADO DOS MONXES

D+408m/ D-352m

After breakfast, we will take you back to Miraz, starting point of your hike. The stage of the day will unveil landscapes as diverse as varied and arriving at Sobrado dos Monxes, take the time to visit the monastery of Santa Maria.

Walking time: ≈ 6h30, distance 26 km.

DAY 8: SOBRADO DOS MONXES - ARZUA

D+230m / D-344m

Last stop before reaching, in Arzua, the Camino Frances. The ultimate goal of the hike, Santiago and its cathedral, is getting closer!

Walking time: ≈ 5h30, distance 22.5 km

DAY 9: ARZUA - A RUA

D+300m / D-400m

Before last stage to reach the very courted Saint Jacques de Compostela, stage until A Rua.

Walking time: ≈ 4h30, distance 18 km

DAY 10: A RUA - SANTIAGO DE COMPOSTELA

D+300m/ D-320m

A final stage full of emotion and crowned by the arrival in Santiago, declared a UNESCO World Heritage City. Pass by the Monte de Gozo which offers an overview of the city. Let yourself be guided through the suburbs of the city and discover its many sights: the Cathedral and Plaza de Obradoiro, the Hostal de los Reyes Catolicos, the Cloister and the Archbishop's Palace, the Palace of Raxoi...

Walking time: ≈ 5h30, distance 22 km

DAY 11: SANTIAGO DE COMPOSTELA

End of stay after breakfast.



Note:

1 - It will not be possible to alter the places where you are accommodated or the order of the walking stages etc (for obvious organisational reasons). Once the day's walk has started, you are expected to continue the day's programme as arranged, except where exceptional circumstances intervene (for example, safety issues linked to adverse weather conditions).

2 - If you wish to shorten a walking stage, you will need to contact and pay for any taxis used when the occasion arises.

> DATES

From April 1 to October 31, at your convenience and subject to hotel availability.

Please indicate on the booking form any other dates that would suit you (e.g.: possibility of postponing the tour by one or more days before or after...); this is in case one or more accommodations are fully booked on the chosen dates, as well as your dietary requirements.

We also ask you to **book as early as possible**. We don't have any reserved places in the accommodations, and some of them may be fully booked several months in advance.

> PRICE COVERS

- Half board nights for the entire stay (except in Ribadeo, Lourenza and Vilalba)
- Baggage transfer between each leg of the journey.
- A travel diary with 1 guidebook per room booked.

> PRICE DOES NOT COVER

- Lunch.
- Dinner at Ribadeo, Lourenza and Vilalba.
- Drinks and personal expenses.
- Insurance.
- International postage and packing (+20€/file),
- Registration fees (+15€/person),
- Priority processing fee for registrations received by D-15 (+45€/file).
- Transport from your home to the meeting point and dispersal, parking fees.



- Shuttles or cabs to collect your vehicle or to shorten certain stages.

> ARRIVAL / DEPARTURE

Beginning of the trip :

Arrival and set up in your hotel in Ribadeo late in the afternoon , the day before your first hiking day.

End of the trip :

In Santiago de Compostela after the breakfast, the day after your last hiking day .

> LEVEL



Between 4h30 and 8h of walking per day on average over distances of 16 km to 29 km on hilly terrain.

> ACCOMMODATION

In hotels, guesthouses and casas rurales.

When accommodation is very busy :

It may happen that your stay has already been booked by other hikers.

In this case, and for your comfort, some accommodations will be modified ; cab pick-up times and locations may also be altered. **Additional charges may apply.**

> MEALS AND LUNCH

Breakfasts are all included, and dinners are included (except in Lourenza and Vilalba), either in the accommodation or in a restaurant close to the hotel.

Breakfast is served relatively late by French standards, usually from 8:30 am. If you wish to have breakfast earlier, please check with each hotel the day before if this is possible.

[Be aware that Spanish culinary habits are sometimes quite different from French ones. And meals are delayed by up to 2 hours on the French schedule \(breakfast around 8.30am-9am and dinner around 9pm\).](#)

Packed lunches are not included in our prices. You are free to pack your own picnic lunches. You'll find plenty of supplies along the way.



You can also ask your hosts if they can prepare picnics / packed lunches for your walk the following day.

You'll find a list of places to eat and drink on your walking itinerary in your balance pack.

> LUGGAGE TRANSPORT

Your luggage will be transported between each stage of the walk.


ATTENTION :


We ask you to leave your luggage in the hall of each accommodation in the morning, and to **IMPERATIVELY** bring **ONLY 1 LUGGAGE PER PERSON NOT EXCEEDING 13KG**; beyond this number (1 bag) and weight (13 kg), the transporter may charge you a supplement at the end of the hike, or categorically refuse to transport your luggage if it is too bulky.


Please bring a small backpack to carry your personal belongings for the day. If you are part of a group, we ask you to indicate on your luggage tags the **NAME** of the person responsible for the group (the person who booked the tour).

> ACCESS


***GO**


 - by bus

 - by plane

 - by car

***RETURN**

 - by bus

 - by plane



A transfer of your vehicle can be organized during your walking trip, so that you can pick it up at the end of your stay (please contact us).

> TRAVEL FILE

The month before your departure, after having paid your trip, we will send you a travel file with all the documents you need to your hike : a topoguide and maps, luggage tags, addresses of your accommodations and also contractual documents (invoice, insurance certificate). In the topoguide you will find the description of the paths (all the way is well-marked) and comments upon the villages, the monuments ... We give 1 topoguide per reserved room.

If you want an additional travel file, you be invoiced +20€/file.

> TAKEOUT LIST

- 1 soft travel bag; avoid suitcases, which are bulkier, and keep the weight and bulk of your belongings to a reasonable 10 kg maximum.
- 1 small rucksack (minimum 30 liters) for your day's essentials
- 1 pair of previously used hiking boots
- 1 waterproof, breathable jacket (Gore-Tex type)
- 1 fleece or 1 pullover
- 1 rain cape (poncho)
- 1 pair of loose-fitting walking pants (canvas or jogging pants)
- 1 pair of thin gloves
- 1 hat
- 1 pair of shorts
- 1 bathing suit + towel
- several pairs of socks (not too thick)
- underwear
- 1 pair of tennis shoes
- 1 tracksuit or loose-fitting evening suit
- sunglasses, sun cream and lip protection
- 1 hat
- 1 water bottle (2 to 3 liters per person per day in summer)
- 1 Tupperware-type plastic bowl for picnics + cutlery
- 1 small personal first-aid kit (gauze, elastoplast, painkiller, double skin for blisters, earplugs...).
- your camera, and why not a novel, watercolors or other...



- your papers; see “Formalities”.

Don't forget your good mood and your curiosity!

› FORMALITIES

Identity card or passport required.

European health insurance card

You are traveling to a country in the European Union, the European Economic Area (EU/EEA) or Switzerland.

Before you leave, get a European Health Insurance Card (EHIC). This will enable you to prove your entitlement to health insurance and to have your medical expenses covered, in accordance with the legislation and formalities in force in the country where you are staying.

Nominative and individual, the form should be requested from www.ameli.fr.

Finally, if you're coming to Spain by car, it's compulsory to have 2 warning triangles in your vehicle and 1 reflective warning vest. Failure to comply with these regulations can result in heavy fines, which must be paid locally.

To call France

To call France from Spain, dial the international dialing code 00, then the French dialing code 33, then your phone number, minus the first 0.

To call Spain, dial the international dialing code 00, then the Spanish dialing code 34, then your phone number, minus the first 0.

EXAMPLE : how to call the Pèlerine : 00 33 4 71 74 47 40.

MORE DETAILS AT THE SUBSCRIPTION

